**OBJECTIVES:** Trace the influence of physical development in the individual (5b), Discuss role of caregiver in individual development (5c), explain factors in cognitive development according to Jean Piaget (5d), describe Erik Erikson’s stages of psychosocial development (5e), evaluate the predicted outcomes of given courses of actions in particular situations based on an understanding of the development of morality(5f).

**DIRECTIONS:** You will design and create a personal baby book that discusses many aspects of your personal development since day 1. Follow the guidelines below (**exactly in this order and numbered**) to create your baby book. You may use your mom, dad, or other family references to connect your past to the developmental concepts we will discuss in this unit. Your Baby Book should be in some sort of physical book.

**EXPECTATIONS:** This is a **summative test grade**. Your baby book should not only contain personal and factual information, but it should also be ***decorative*** and ***unique*** to ***your own personality* (This will be worth 10 pts)**. You should have a total of 5 pictures. See below where they go. You should be creative, insightful, colorful, and careful in your details because this is your life. We expect a high quality product that you are proud of. Mediocrity is unacceptable, and will be graded as such.

**DUE DATE:** This will be due on **Tuesday Oct 13**. Any problems with getting this done on time should be addressed to me by **Wednesday Oct. 7**. The key is communication.

**SECTION 1**: **Your Prenatal Development – Include graphics and detail wherever possible (5b). 10 pts.**

1. In one paragraph, describe your mom’s pregnancy with you.
2. Why were you given your name?
3. What were other names your parent’s were considering? Include both male and female.

**SECTION 2: Your Physical Development – Include graphics and detail wherever possible (5b). 15pts.**

1. How long was your mother in labor?
2. What was your birth weight and length?
3. **PHOTO**: Put a photo of a picture of you taken around birth.
4. How old were you when your first tooth came in?
5. How old were you when you took your first step?
6. When were you officially potty trained?
7. When did you lose your first tooth?
8. Compare your development in #2 and #5 to the averages (your book is a good place to start).
9. What is your current vision? If you have glasses or contacts, what age did you get them?
10. In your own words, define puberty. Does puberty come at a fixed age for all? Explain.
11. **PHOTO**: Put a photo of yourself around the age of puberty beginning.
12. Make up and write a story about two friends (the same gender as you). One is an early bloomer and one is a late bloomer. How are their experiences different, better, or worse?

**SECTION 3: Your Language Development (5b) – Include graphics and detail wherever possible. 10pts**

1. What was your first phoneme?
2. When did you say your first morpheme?
3. Why was this word the first you said?
4. Were there any funny sounds, words, and/or phrases you used to use? Is so, what did these phrases mean?
5. Did you experience any language barriers during language formation (i.e. stuttering, lisp, etc.)?
6. **PHOTO**: Include a picture of yourself in the late childhood years.

**SECTION 4: Your Social-Emotional Development (5c) - Include graphics and detail wherever possible. 10pts**

1. Who were you most attached to and why?
2. Define “imprinting” and explain whether this theory supports your attachment.
3. Were there any objects that you formed attachment with?
4. Explain the overall effect of having no attachment in one’s childhood. Include a personal example if you feel you fall into this category.
5. **PHOTO**: Include a picture of yourself in the early childhood years.

**SECTION 5: Your Cognitive Development (5d) - Include graphics and detail wherever possible. 15pts**

1. Tell a story about how you used to pretend play during the pre-operational phase of development.
2. How did your behavior at each of Piaget’s stages promote advancement to the next stage? Be sure to identify each stage and each behavior associated with it.

**SECTION 6: Your Psychosocial Development (5e) - Include graphics and detail wherever possible. 15pts**

1. Look at Eric Erikson’s stages of development. Write a personal journal (one or two pages) explaining why stages #5 and #6 may be the most difficult hurdles to jump in life. Address your high school experiences and what you think is to come post-high school. Include physical, emotional, and cognitive aspects, and explain how these fit.

**SECTION 7: Your Moral Development (5f) - Include graphics and detail wherever possible. 15pts**

1. How has your moral development been shaped by your parents? Have some of your morals diverged from theirs?
2. How would Kohlberg explain your moral development?
3. **PHOTO**: Include a photo of yourself in adolescence (recent picture)